



- 二當你有所掛處,如同挑重擔, 覺得所要負的十架苦難堪; 你若數主恩惠,疑惑要消散, 並要不止住的歡樂和頌讚。
- 三當你看見別人屬世的亨通, 你若念主應許,心就不會動, 你所受的恩惠,原來無處買, 你有了父的家,又有主的愛。
- 四 所以,無論遇見大小的試探, 不必灰心,萬事總有主承擔, 你若數主恩惠,天使要來臨, 伺候你,服侍你,並使你歡欣。

Are you ever burdened with a load of care,

Does the cross seem heavy you are called to bear? Count your many blessings, every doubt will fly,

And you will be singing as the days go by.

When you look at others with their lands and gold,

Think that Christ has promised you His wealth untold, Count your many blessings money cannot buy,

Your reward in heaven, nor your home on high.

So amid the conflict whether great or small, Do not be discouraged, God is over all;

Count your many blessings, angels will attend,

Help and comfort give you to your journey's end.